



**ELBOW BEACH  
BERMUDA**

## **Lunches On-The-Go**

These lunch selections are only available in to-go containers and are not a buffet/plated option

*Choice of 2*  
**\$ 24 Per Person**

### **Choice of Sandwiches**

Croissant with Goat Cheese and Caramelized Onion  
Smoked Salmon on Pita Bread  
Pastrami and Dill Pickles on Rye  
BBQ Chicken Salad on French Bread  
Marinated Grilled Italian Vegetables with Balsamic on Ciabatta  
Ham and Swiss Cheese with Mayonnaise on White Bread  
Tuna and Red Onions on Whole Wheat Bread  
Roast Beef with Horseradish on Whole Wheat Bread  
Smoked Cheddar with Sun Dried Tomato on Seven Grain

### **Includes:**

Potato Chips  
Pineapple Coleslaw  
Brownies or Cookies  
Piece of Fresh Fruit  
Fruit Yogurt  
Soda, Juice or Mineral Water

### **Executive Boxed Lunch:**

Ham and Brie Cheese Sandwich with Mayonnaise on Multigrain Bread  
Prosciutto and Romaine Lettuce in Sundried Tomato Focaccia Bread Roll  
Smoked Turkey and Cheddar Cheese on White Bread  
Cambozola and Fontina Cheese with Carrs Table Water Biscuits and Dried Fruits  
Fresh Fruit Salad  
Chocolate Brownie  
Fresh Whole Fruit

**\$ 35.00 Per Person**

**Enhance Your Lunch with The Following Additions:**

Spicy Shrimp and Noodle Salad **\$ 7 Per Person**

Imported Cheese and Crackers **\$ 8 Per Person**

Doughnuts **\$ 6 Per Person**

Tropical Fruit Salad **\$ 6 Per Person**

Condiments, flatware and napkin package are included

**24 hours notice is required for all Lunches On-The-Go**

# Working Buffet

## A

### Soup

Singapore Laksa Station – Create your own  
Laksa with Rice Noodles, Fresh Coriander, Prawns, Snow Peas, Tofu,  
Bean Sprouts, Chilli Oil and Fried Onions

### Salads

Salad of Cedar-Smoked Roasted Chicken and Lettuce with Honey-Mustard Dressing and  
Crispy Pancetta  
Asian Shrimp Salad with Vermicelli and Snow Peas  
Roasted Pumpkin with Wilted Spinach and Sesame Oil  
Thai Beef Salad marinated with Chilli Coriander and Lime Juice

### Sandwiches

Croissant with Goat Cheese and Caramelized Onion  
Smoked Salmon on Pita Bread  
Tuna Melt  
Prosciutto and Arugula on Focaccia

### Desserts

Banana Fritters; Exotic Fruit Kebabs; Rum Baba; Poached Pears

**\$ 36 Per Person**

## B

### Soup

Bermuda Fish Chowder

### Salads

Mixed Green Salad  
Potato-Bacon and Onion Salad  
Tomato and Mozzarella with Balsamic and Olive Oil  
Oriental Chicken and Noodle Salad  
**Dressings:** Caesar, Thousand Island, Balsamic, Ranch and Italian

### Sandwiches

Marinated Grilled Italian Vegetables with Balsamic on Ciabatta  
Ham and Swiss Cheese with Mayonnaise on White Bread  
Tuna with Red Onions on Whole Wheat Bread  
Roast Beef and Horseradish on Whole Wheat Bread  
With Gherkins, Pickled Onions and Potato Chips

### Desserts

Fresh Fruit Salad  
Assortment of Pastries

**\$ 36 Per Person**

## **C**

### **Soup**

Chilled Andalusian Gazpacho

### **Salads**

Mixed Garden Salad; Tomato and Cucumber Salad;  
Tabouleh; Hummus; Moutabal with Pita Bread

### **Hot Snacks**

Shish Kebab and Mint Yogurt; Chicken Tikka Wings;  
Onion Bhaji; Vegetable Pakoras

### **Sandwiches**

Curried Shrimp on French Toast  
Feta, Tomato and Olive on Pita  
Brie and Bacon on French Bread  
Smoked Salmon and Cream Cheese Bagel

### **Desserts**

Macerated Cherries  
Panna Cotta  
Glazed Lemon Tart  
Chocolate Brownies

**\$ 38 Per Person**

## **D**

### **Cold Items**

Selection of Home Made Breads; Shrimp and Oriental Vegetable Salad;  
Tomato and Mozzarella and Fresh Basil; Thai Beef and Mango Salad;  
Selection of Cold Cuts

### **Hot**

Shrimp Gumbo; Stir-Fried Beef and Black Bean Sauce;  
Tandoori Chicken with Cucumber Raita; Vegetable Fried Rice;  
Marinated Grilled Asparagus

### **Dessert**

Strawberries and Cream; Mini Doughnuts;  
Portuguese Egg Tarts; Chocolate Brownies

**\$ 38 Per Person**

# Working Buffet Enhancements

Sandwiches can be substituted for the following hot items  
from the working buffets only

## Main Courses

*Choice of 2*

Lamb Tagine with Cous Cous and Saffron Vegetables  
Confit of Chicken with Button Onions, Mushrooms, Bacon and Cocotte Potatoes  
Chicken Tikka Masala with Pilaf Rice  
Beef Short Ribs with Roasted Root Vegetables in a Red Wine Sauce  
Sweet, Hot and Sour Pork with Chow Mein Noodles  
Pan Roasted Blue Cod with a Ragout of White Beans and Chorizo  
Hot-Smoked Salmon with Fire Roasted Corn and Fava Beans  
Thai Green Vegetable Curry with Steamed Jasmine Rice

**Enhancement \$ 16 Per Person**

## **\*\*Luncheon Buffet Bermuda Favorites Menu**

### **Salads**

Beets with Onion, Oil & Vinegar  
Three Bean Salad  
Bermuda Potato Salad  
Coleslaw  
Mixed Green Salad

**Garnish:** Croutons, Bacon Bits, and Parmesan Cheese

**Dressings:** Caesar, Thousand Island, Balsamic, Ranch and Italian

### **Main Course**

Pan Fried Mahi Mahi with Tomato Sauce  
Fried Chicken  
Macaroni and Cheese  
Spanish Rice  
Mixed Vegetable Curry  
Farine Pie

### **Desserts**

Chocolate Mousse  
English Trifle  
Sliced Watermelon  
Chocolate Brownies

**\$ 46.00 Per Person**

**\*\* Menu can be used for dinner buffet; however dinner buffet price will be \$ 60.00  
Per Person**

# Elbow Afternoon Tea

## Selection of Sandwiches

*Choice of 3*

Cedar Smoked Salmon with Honey and Mustard Grain

Cucumber and Cream Cheese

Tomato Mousse

Chopped Ham and Parsley

Egg, Watercress and Mayonnaise

Tuna and Mayonnaise

Smoked Cheddar with Sun Dried Tomato

Tuna and Mayonnaise

Curried Shrimp

Assorted Cakes and Pastries

Freshly Brewed Coffee, Decaffeinated Coffee and Selection of Teas

**\$ 23 Per Person**