

GROUP ARRIVAL AND REGISTRATION

Finger Sandwiches (*Choice of Four*)

Egg Salad

or

Mozzarella, Tomato, Lettuce, Basil Pesto

or

Tuna Salad, Scallions, Lettuce

or

Bacon, Lettuce, Tomato

or

Prawn Cocktail

or

Crab, Avocado

or

Goat Cheese, Grilled Vegetables

or

Roast Beef, Mustard, Lettuce

or

Ham, Cheese, Tomato

or

Chicken Salad, Lettuce

or

Brie, Caramelized Onions, Lettuce

\$13 per person

Chilled Fruit Kebabs

\$12 per person

From the Bakery

Assortment of Croissant, Danish Pastries, Muffins

Pain Au Chocolat, Selection of Breads

Unsalted Butter, Preserves and Jams

\$10 per person

Mini French Pastries

\$12 per person

Assorted Homemade Cookies

\$8 per person

Fresh Juices \$5.50

Orange, Grapefruit, Pineapple, Apple

Vitality Juices (choose 1) \$6.50 each

Passion Fruit, Cantaloupe Melon, Mango and Blueberry

or

Apple, Mango, Pineapple, Blueberry and Strawberry

or

Carrot, Leek, Parsley and Ginger

Freshly Brewed Coffee or Fine English Tea \$6.50 per person

COFFEE BREAKS

Minimum of 10 people

MORNING COFFEE BREAK I

\$16.50 per person

Assorted Cookies

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING COFFEE BREAK II

\$19.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

From the Bakery

Assortment of Croissant, Danish Pastries, Muffins

Pain Au Chocolat, Selection of Breads

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING COFFEE BREAK III

\$25 per person

Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Cookies

Selection of Yogurts

Chilled Fruit Skewers

From the Bakery:

Assortment of Croissant, Danish Pastries, Muffins

Pain Au Chocolat, Selection of Breads

Unsalted Butter, Preserves and Jams

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

MORNING HEALTHY COFFEE BREAK

\$25 per person

Juices

Orange, Grapefruit, Carrot, Apple

Energy Morning Shooter

Platter of Sliced Seasonal and Exotic Fruits with Berries

Assorted Low Fat Yogurts

Granola Bars and Dried Fruits

Vegetable Crudité Composition

Low Fat and Soy Milk

Decaffeinated Coffee and Herbal Tea

ENERGY MORNING SHOOTERS

\$6.50 per person

Choose 1 from the following choices

Power Juices

Carrot, Apple, Kiwi and Parsley
Mint, Melon, Spinach and Parsley
Grape, Pear, Apple and Pineapple

Cleansing Juices

Orange and Mint
Prune, Pear and Apple
Carrot, Pear and Coriander
Watermelon, Green Melon, Broccoli and Watercress

Vitality Juices

Passion Fruit, Cantaloupe Melon, Mango and Blueberry
Apple, Mango, Pineapple, Blueberry and Strawberry
Carrot, Leek, Parsley and Ginger

AFTERNOON COFFEE BREAK I

\$16.50 per person

Assorted Cookies

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON COFFEE BREAK II

\$27.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Mini Pastries

Assorted Cookies and Banana Bread

Mini Open Faced Sandwiches

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON HEALTHY COFFEE BREAK III

\$27.50 per person

Juices

Orange, Grapefruit, Carrot, Apple

Selection of Whole and Sliced Seasonal Fruit

Granola Bars and Dried Fruits

Smoked Salmon on Rye Bread Open Faced Sandwiches

Tomato and Mozzarella Skewers

Vegetable Crudité Composition

Low Fat and Soy Milk

Decaffeinated Coffee and Herbal Tea

THEMED COFFEE BREAKS

*Ideal for repeated morning or afternoon coffee breaks
During multiple day events*

ENGLISH COFFEE BREAK

\$27.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

English Scones with Preserves and Whipped Cream

Apple Pie with Vanilla Crème Anglaise

Assorted Finger Sandwiches

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

FRENCH COFFEE BREAK

\$27.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Mini French Pastries

Mousse Au Chocolat

Assorted Mini Croissant with Various Fillings

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

ITALIAN COFFEE BREAK

\$27.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

Assorted Italian Pastries

Tiramisu

Assorted Bruschetta with Various Toppings

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AMERICAN COFFEE BREAK

\$27.50 per person

Juices

Orange, Grapefruit, Pineapple, Apple

Mini Cheesecakes with Fruits and Berries

Chocolate Fudge Brownies

Assorted Bagels with Various Fillings

Selection of Whole and Sliced Seasonal Fruit

Full Cream, Low Fat and Soy Milk

Freshly Brewed Coffee or Fine English Tea

AFTERNOON TEA

\$25 per person

Selection of Open Face Sandwiches - Choice of 3

Mozzarella, Tomato, Lettuce, Basil Pesto

or

Tuna Salad, Scallions, Lettuce

or

Bacon, Lettuce, Tomato

or

Prawn Cocktail

or

Crab, Avocado

or

Goat Cheese, Grilled Vegetables

or

Roast Beef, Mustard, Lettuce

or

Ham, Cheese, Tomato

or

Chicken Salad, Lettuce

or

Brie, Caramelized Onions, Lettuce

Assorted Cakes and Pastries

Freshly Brewed Coffee, Decaffeinated Coffee and Selection of Teas

INDIVIDUAL BREAK SELECTION

Beverages

Freshly Brewed Gourmet Coffee, Decaffeinated Coffee and Tea Selections per person	\$ 6.50
Assorted Sodas – on consumption each	\$ 4.50
Mineral Water (Still/Sparkling) half bottles – on consumption each	\$ 5
Chilled Orange and Apple Juices person	\$ 5 per
House Iced Tea per person	\$ 6.50
Lemongrass Tea per person	\$ 6.50
Banana and Strawberry Smoothie person	\$ 7 per

Food Items

Breakfast Bakeries	\$ 10
per person	
Whole Fresh Fruit	\$ 6 per
person	
Assorted Yogurts	\$ 6.50
per person	
Homemade Cookies, Brownies	\$ 7.50
per person	
Chilled Fresh Fruit Kebabs	\$ 12
per person	
Assorted Finger Sandwiches – choice of up to 4 selections	\$ 13
per person	
Banana Bread	\$ 6.50
per person	
Dried Fruit and Nuts	\$ 8.50
per person	