



THE SPA  
— AT —  
MANDARIN ORIENTAL  
—  
BOSTON



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Step into an oasis of calm. On Mandarin Oriental, Boston's 4th floor, we have created a peaceful space that promotes tranquility and well-being through a holistic approach that attends to the needs of body, mind and spirit.



Drawing on world-inspired therapies, treatments and philosophies, our Spa's comprehensive menu features signature therapies as well as a host of luxurious journeys that have been culled from around the world, including many that we offer exclusively. Designed with relaxation in mind, our beautiful treatment rooms in addition to our hydrotherapy room, Sanctuary Couples Suite and Mandarin Suite provide the ideal haven for privacy, indulgence and personalized service.



Immerse yourself in a sanctuary of heat and water experiences in separate male and female areas. Enjoy Experience Showers, Ice Fountains, Vitality Pools, the Quartz Crystal Steam Room, and blissful relaxation areas in a meditative space designed to balance energy and restore calm.



Our fitness center offers state-of-the-art TechnoGym equipment, from the latest treadmills and cross-trainers to a selection of weights machines and free weights, plus a movement studio with a personal Kinesis Wall. After a work-out, what better than a light meal or a fresh juice in the tranquil surroundings of our Spa Café? You can also choose from a wide selection of spa products available in our Spa Boutique as well as Gift Certificates available for purchase.



# TREATMENTS

## PHILOSOPHY

The Spas at Mandarin Oriental are born out of a sincere understanding and passion for wellness, which we define as a way of life that focuses on physical, emotional and mental wellbeing. The Mandarin Oriental Hotel Group is committed to delivering all aspects of wellness with integrity and honesty, providing inspiration for lifestyle change, in an environment that delights all the senses.

The Spas at Mandarin Oriental are havens for contemplation and discovery. Guided by our Oriental heritage but influenced by local cultural diversity, the Mandarin Oriental Hotel Group has created distinctive concepts with a unique sense of place in every location.

## TREATMENTS

Respect for the uniqueness of each individual is the foundation of our spa experience. Our highly trained therapists are committed to excellence, infused with enthusiasm and take pride in delivering personalized, dedicated service. Our therapies combine both ancient and contemporary techniques in a natural manner. They are designed to bring balance and equilibrium to meet the needs of each individual.

## PRODUCTS

Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK based company, Aromatherapy Associates. The product range incorporates five body oils, five bath and shower oils and a generic body scrub, body wash and body lotion. All contain natural ingredients, are paraben free, and have been blended by a master blender to Mandarin Oriental's specifications. Easy to use and effective in their treatment, they provide an ideal extension of our spa experience into daily life.

All other products used in our Spas are of the highest quality and contain naturally-derived ingredients.



## MANDARIN ORIENTAL

### SIGNATURE SPA THERAPIES 1 hour and 50 minutes

Mandarin Oriental's signature spa therapies have been devised to address guests' increasing desire for simple, effective and authentic spa experiences. Developed in consultation with specialists in Traditional Chinese Medicine (TCM) and master aromatherapists, each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental. Each treatment begins with a private therapist consultation in order to determine each individual's personal and current state of wellbeing. The treatment and oils are then tailored to each guest in order to leave the body, mind and spirit in perfect harmony. Guests are also provided with nutritional and exercise guidance, in order to extend the beneficial effects of the program at home.

### ORIENTAL HARMONY 1 hour and 50 minutes

Four hands work in perfect unison creating a remarkable experience that inspires a harmony of the senses. The treatment begins with a soothing foot bath in purifying waters, leaving the feet soft and supple and the mind relaxed. Next, two therapists work together in time and movement; first, providing a warm scrub that smoothes and replenishes the skin and later a harmonious massage that balances your body. The treatment concludes with a head and foot massage performed simultaneously, leaving the mind uplifted, the body energized, and the skin exotically fragrant.

### TIME RITUALS™ 1 hour 50 minutes minimum

The Spa at Mandarin Oriental transports guests into another world with personalized journeys booked in blocks of time called Time Rituals™.

Designed to restore your natural state of equilibrium, and attend to your body's needs on a given day, a Time Ritual™ will be customized for you. Beginning with a welcoming foot ritual, each Time Ritual™ provides a peaceful passage to a remarkably unforgettable experience.

## SUITE EXPERIENCES

### MANDARIN SUITE EXPERIENCE 3 hours minimum

Our private Mandarin Suite offers over 700 square feet of personal serenity with an experience that allows you to enter deep into your own healing retreat.

Two guests will enjoy a three hour Mandarin Suite Experience which includes a two-hour Time Ritual™ or Signature treatment of your choice and one hour of relaxation time. Our expert therapists will consult with you on the choice of treatments, selecting from Time Rituals™ or our menu of Signature treatments, herbal scrubs, body treatments, and massages. A refreshing fruit platter and fresh juices will be served during the relaxation time.

### SANCTUARY COUPLES SUITE 2 hours minimum

In this environment designed to delight the senses, two guests will escape into the hands of our dedicated therapists. With two treatment tables and private vanity and shower facilities, you will find it the perfect environment to enjoy simultaneous treatments that are personalized for each guest's needs.



## JOURNEYS

### **NEW ENGLAND RETREAT** 1 hour and 50 minutes

Our cure for the modern age. Tension melts away as this specialized treatment experience begins with a full body exfoliation to prepare you for a massage focused on upper back stress, eye strain, leg circulation, and those overused “Blackberry” muscles. Featuring products that incorporate herbs native to the New England area, this treatment will relax and revitalize those that live their life “on the run”.

### **COMMONWEALTH COMFORTER** 1 hour and 50 minutes

Nestle in with the perfect treatment for dry, out-of-condition skin. This transforming treatment begins with an intense body exfoliation and an exotically fragranced serum to leave skin soothed and refreshed. Layers of pure moisturizing natural oils and body butters are then applied. While cocooned in these layers of luxury, an application of hydrating facial products and a relaxing scalp massage complete this indulgent treatment. The result is incredibly silky, soft, irresistibly smooth and enriched skin.

### **GEMSTONE VITALITY** 1 hour and 50 minutes

Designed to refresh and restore optimism, the experience begins with a welcoming foot ritual followed by a scrub of ground calendula seed, a flower native to New England, combined with the healing powers of one of Mandarin Oriental Signature custom-blended oils. A soothing full body massage incorporates locally mined gems of Garnet, Tourmaline, smoky Quartz or Amethyst with the selected signature oil. By combining sense of smell, touch and color, the result is a sense of calm, balance and vitality.

## BODY MESSAGES 1 hour and 20 minutes

### **ORIENTAL ESSENCE**

This massage is part of the Mandarin Oriental’s signature spa therapies and has been designed for the tired traveler, stressed executive or someone who wishes to relieve neck and shoulder tension. This massage centres on all stress areas of the body. Utilizing our Signature Quintessence oil blended with warming ginger, uplifting mandarin and sacred frankincense to realign the mind and emotions. A completely relaxing treatment. Also available at 60 minutes for our time sensitive guests.

### **THERAPEUTIC**

Firm pressure is used with specific techniques to dissolve your body’s aches and strains. Targeting areas of tension is the focus of this sophisticated treatment, using elbows and forearms to achieve a truly effective deep tissue massage. Ideal for guests with issues of chronic tension, who are experienced in massage.

### **AROMA STONE**

Stone therapy is a Native American Indian practice used since ancient times as a healing treatment. The use of smooth, warm stones generates energy, creating a sense of balance and calm, as well as giving relief to deep-seated muscle tension.

### **AROMATHERAPY**

A deeply therapeutic holistic treatment combining the power of essential oils with the best of eastern and western massage techniques. Physically relaxing and calming, while mentally uplifting and clearing.

### **SWEDISH**

This traditional massage incorporates varied pressure and fluid techniques to release knots and tensions in the body. Stimulating effleurage and long, strong movements effectively relax the body and ease tired, aching muscles.



## **ORIENTAL FOOT THERAPY** 50 minutes

In the Oriental philosophy, the soles of the feet are considered to mirror the systems of the body. Leave the everyday pressures of life behind and cleanse away your cares with this symbolic, yet traditional treatment. The feet rest on warm pebbles as they are bathed in warm water rich with fragrant oils. Your therapist exfoliates and smoothes the feet and lower legs, then massages Marma points on the feet and ankles. This treatment helps raise natural energy encouraging the release of tension.

## **BODY WRAPS** 1 hour and 20 minutes

### **DEFINITE DETOX**

Achieve visible results with this invigorating body treatment specifically designed to target areas of stagnant circulation. A full body exfoliation prepares the skin, followed by a burst of citrus with an application of purifying pink grapefruit, juniper berry and rosemary infused gels and oils. Mud and essential oils tone the lower area of the body, drawing out impurities and flushing out toxins, leaving the skin refreshed and toned.

### **ROSE INDULGENCE**

Sink into comfort as your body is cleansed and polished with naturally exfoliating olive grains. Next, your skin is gently enveloped in oils, gels, and creams of nurturing essential oils infused with rose. Our luxurious Renew facial softens, moisturizes, and nourishes, using natural damask rose water to support circulation and purify your skin. The skin is left toned, polished, delicately scented, and quite simply—radiant.

### **DE-STRESS MIND**

Relax your mind and body with soothing chamomile and comforting frankincense. A cleansing body exfoliation is followed by a massage with a de-stress muscle gel and body oil to soothe the muscles and quiet the mind. With your body enveloped in nurturing comfort, enjoy a mind-freeing massage to the scalp. Your skin is left smooth and velvet soft, while body, mind, and spirit are restored.

## **AQUA EXPERIENCES**

### **AQUA RITUAL** 2 hours and 20 minutes

Experience the essential aqua experience. Begin with a full body exfoliation and Vichy Shower, then slip into an Aromatic Hydrotherapy Bath, with herbal ingredients native to New England. Enjoy the benefits of a healing body wrap to warm and replenish your body, finishing with a relaxing massage using essential oils. You will emerge with a feeling of balance and wellbeing beyond compare.

### **HYDROTHERAPY BATH AND MASSAGE** 1 hour and 20 minutes

The Hydrotherapy Bath has multi direction and varied pressure jets, strategically set according to your needs, delivering an extraordinarily effective massage. Your therapist will continue the experience with a relaxing hands-on massage.

### **VICHY WRAP** 1 hour and 20 minutes

The Vichy Shower is a unique experience combining water therapy with exfoliation and body wrap. Our specially devised treatments use a fragrant blend of herbs from natural sources. This specialized wrap is a perfect all-over body treatment to nourish the skin, rid your body of toxins, and re-energize your whole system. The use of pure mineral mud delivers much needed replenishment to your body, relieving aches, and pains.

### **PURIFYER VICHY** 50 minutes

A salt scrub mixed with juniper mixed berry and pink grapefruit essential oils cleanses, and detoxifies your body, then is rinsed away with our Vichy Shower. Revive Body Gel is then applied to ensure a feeling of lightness and energy.

### **LEG REVIVAL** 50 minutes

Treat your legs and feet to the perfect solution for soreness and swelling. This treatment was designed to replenish and restore a tired body after a day of sightseeing, shopping, or a regularly active routine. Stimulating massage, Vichy Shower, stretching, and essential oils blends are specifically applied to problem areas providing more energy and vitality all over.



## TREATMENT ADDITIONS 20 minutes

### QUINTESSENCE BODY SCRUB

Mandarin Oriental's signature Quintessence scrub has been created as a foundation for each of the five elements. This balancing essential oil blend brings the body's energy flow into alignment. Warming ginger, uplifting mandarin and sacred frankincense come together to realign the mind and emotions, while the sea salt and sweet almond oil work together to gently smooth and rejuvenate dry or tired skin.

### COFFEE AND FRANKINCENSE SCRUB

Invigorate and revive dull looking skin, with this detoxifying scrub that will hydrate, soften and sooth your body, as well as uplift your mind with pink grapefruit and cleansing frankincense.

### AROMATIC HYDROTHERAPY BATH

It combines the therapeutic benefits of lymphatic drainage and fragrant oils to enhance the body's cleansing systems and relax the mind. It is ideal for relaxing the body before your massage.

## NEW LIFE

### MOTHER-TO-BE 1 hour and 20 minutes

Total bliss and relaxation during pregnancy. After gentle exfoliation, the skin is smoothed from head to toe with rich, nourishing creams. A soothing massage and nurturing wrap promotes the renewal of the skin, and a relaxing scalp massage ease away all stress and strain.

### NEW MOTHER 1 hour and 20 minutes

Help your body back into shape with an exfoliation and massage using our specially chosen essential oils to restore your skin and help refine stretch marks. A scalp massage supports circulation and promotes a healthy glow.

### LEG AND FOOT REFRESHER 50 minutes

Ease away the physical stresses and strains on your legs and feet during pregnancy. An equilibrium foot bath, exfoliation and hydrating rose wrap will soften and nourish your skin.

### SPECIALIZED FACIALS 1 hour and 20 minutes

#### AGE REPAIR

This highly effective treatment aims to reduce the signs of ageing without the use of harsh chemicals by using natural oils which stimulate collagen formation to deliver firm and tightened skin. The anti-inflammatory properties of Pomegranate and Rosehip Seed oil meanwhile work on slowing down the effects of ageing skin.

Skin is cleansed, exfoliated and then massaged using oils all of which are renowned for their cell renewal and anti-oxidant effects. Two masks



are applied, a Rose Gel to hydrate, and an intense Strawberry Seed and Frankincense Mask to firm. While the masks take effect, the eye area is focused on with a Lymphatic Massage and a luxurious Scalp Massage releasing any remaining tension. The result is a firm, plumped and more youthful looking complexion.

### **INDULGE**

A facial experience including a relaxing back treatment using spinal pressures to target the nervous system, easing away stress, and bringing skin and body into balance.

### **BALANCE**

Using the natural antiseptic properties of lavender and tea tree, this deep cleansing and pore refining facial helps condition the skin and restores the balance of natural oils. Face cleansing and exfoliation are followed by steam and extraction, facial drainage massage and a purifying mud mask to draw out impurities and re-mineralize the complexion. A relaxing scalp massage soothes the mind and completes the experience.

### **RENEW**

This calming and soothing facial focuses on lymphatic drainage techniques to help eliminate excess fluid and toxins. It is perfect for congested skin and blocked pores. After your face has been thoroughly cleansed and exfoliated it is then followed by specialised massage techniques that are light, flowing yet very effective. Leaving your skin feeling refreshed, clear, and bright.

### **ACUPRESSURE**

This re-balancing treatment relieves tension and stress while providing a boost to the face and body through treating various acupressure points and lymphatic drainage techniques. Embrace the uniqueness of your skin and the vital, regenerative properties of pure essential oils, and natural plant extracts. A combination will be prescribed according to your skin type to help renew, nourish, balance and control your skin.

### **TIME REVERSAL**

The Time Reversal Facial is a results-driven nourishing treatment using a formula of highly engineered vitamins. Appropriate for all skin types, this facial helps to reduce the appearance of fine lines, repairs sun damage, evens out discoloration and brown spots, and treats moderate to severe acne, dramatically improving the skin tone and texture. The treatment includes a Boost Mask and an indulgent hand massage to complete the treatment.

### **TO FINISH**

#### **LUXURY MANICURE 50 minutes**

Gentle exfoliation of the hands and arms perfectly prepares the skin for a unique Shiatsu revitalization massage that will deliver ultimate comfort to dry hands and improve the condition of nails and cuticles.

#### **LUXURY PEDICURE 1 hour and 20 minutes**

Immerse your feet in a refreshing foot soak; relieve fatigue and swollen feet and ankles. An active exfoliation gently buff the skin, while Shiatsu revitalization massage will leave feet highly nourished and renewed.

#### **MANDARIN ORIENTAL MANICURE 40 minutes**

For ultimate grooming of the hands.

#### **MANDARIN ORIENTAL PEDICURE 50 minutes**

For ultimate grooming of the feet.

#### **WAXING Available upon request**



**The Spa at Mandarin Oriental, Boston**

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# FULL & HALF DAY PROGRAMS

## FULL DAY PROGRAMS

Experience the soothing benefits of all-day retreat at The Spa at Mandarin Oriental, Boston. To indulge in the luxury of time is to attain the greatest benefit for your body, mind, and spirit. Full Day Programs include lunch in our intimate Spa Café, a journey through the Spa's thermal experiences, an oasis of heat and water, and access to our Fitness Center.

### **BOSTON BREATHER 6 hours**

Take the time to step out of your day to day routine. This program affords you the time you need to breathe, while rejuvenating your whole body.

- **WELCOMING FOOT RITUAL**
- **COFFEE AND FRANKINCENSE SCRUB**
- **AROMA STONE MASSAGE**
- **SPECIALIZED FACIAL**
- **LUNCH IN SPA CAFÉ**
- **LUXURY MANICURE**
- **LUXURY PEDICURE**

### **THE RETREAT 6 hours**

For those looking to enhance the wellness elements in your life, come join us for a day of "retreat." Learn how to bring elements of balance into your lifestyle as we guide you through a day sure to restore and refresh your body, mind, and spirit.

- **PRIVATE YOGA OR PILATES CLASS**
- **WELCOMING FOOT RITUAL**
- **AROMATIC HYDROTHERAPY BATH**
- **NEW ENGLAND RETREAT**
- **LUNCH IN SPA CAFÉ**
- **SPECIALIZED FACIAL**
- **LUXURY MANICURE**

## HALF DAY PROGRAMS

Spend time in complete relaxation. Indulge in an escape from your routine. The Half Day Programs at The Spa at Mandarin Oriental, Boston provide a thoughtfully designed combination of treatments to grant you an extended feeling of peace and calm. Half Day Programs include a journey through the Spa's thermal experiences, an oasis of heat and water and access to our Fitness Center.

### TASTE OF THE ORIENT 3 hours

Enjoy a collection of treatments that evoke the mystique of the Orient. Find yourself revitalized with treatments that will enliven your senses.

- WELCOMING FOOT RITUAL
- ORIENTAL SALT SCRUB
- MANDARIN ORIENTAL SIGNATURE SPA THERAPY
- MANDARIN ORIENTAL MANICURE

### ENRICH AND RELAX 4 hours

This program, designed to envelope you in luxurious layers of relaxation, creates a complete experience—nurturing you from head to toe.

- WELCOMING FOOT RITUAL
- COMMONWEALTH COMFORTER
- LUXURY MANICURE
- LUXURY PEDICURE

### MOTHER'S RENEWAL 3 hours and 30 minutes

Let us soothe and cherish new mothers or mothers-to-be with this lovely treatment experience carefully designed for this special time.

- WELCOMING FOOT RITUAL
- MOTHER TO BE OR NEW MOTHER
- LEG AND FOOT REFRESHER
- RENEW FACIAL

### PURIFY 4 hours

For the ultimate purification of the body, allow our therapist to work with hydrotherapy and detoxifying products to revive your own inner radiance.

- AROMATIC HYDROTHERAPY BATH
- DEFINITE DETOX WRAP
- SPECIALIZED FACIAL
- ORIENTAL FOOT THERAPY



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# PRICE LIST

	WEEKDAYS	WEEKENDS		WEEKDAYS	WEEKENDS
<b>MANDARIN ORIENTAL SIGNATURE SPA THERAPY</b> 1 hour and 50 minutes			\$270	\$295	
<b>ORIENTAL HARMONY</b> 1 hour and 50 minutes			\$470	\$495	
<b>TIME RITUAL</b> 1 hour and 50 minutes			\$270	\$295	
<b>TIME RITUAL</b> 2 hours and 50 minutes			\$405	\$442	
<b>SUITE EXPERIENCES</b>					
<b>MANDARIN SUITE</b> 3-hour Experience 1 hour and 50 minutes of side-by-side treatments for two and one-hour of relaxation time			\$845	\$930	
4-hour Experience 2 hours and 50 minutes of side-by-side treatments for two and one-hour of relaxation time			\$1,170	\$1,280	
<b>SANCTUARY COUPLES SUITE</b> 2-hour Experience 1 hour and 50 minutes of side-by-side treatments for two			\$560	\$610	
3-hour Experience 2 hours and 50 minutes of side-by-side treatments for two			\$830	\$900	
<b>JOURNEYS</b>					
<b>NEW ENGLAND RETREAT</b> 1 hour and 50 minutes			\$270	\$295	
<b>COMMONWEALTH COMFORTER</b> 1 hour and 50 minutes			\$270	\$295	
<b>GEMSTONE VITALITY</b> 1 hour and 50 minutes			\$270	\$295	
<b>BODY MASSAGES</b>					
1 hour and 20 minutes <b>ORIENTAL ESSENCE, THERAPEUTIC, AROMA STONE, AROMATHERAPY, SWEDISH</b>			\$200	\$220	
<b>ORIENTAL ESSENCE</b> 60 minutes			\$178	\$190	
<b>ORIENTAL FOOT THERAPY</b> 50 minutes			\$138	\$150	
<b>BODY WRAPS</b>					
1 hour and 20 minutes <b>DEFINITE DETOX, ROSE INDULGENCE, DE-STRESS MIND</b>			\$200	\$220	
<b>AQUA EXPERIENCES</b>					
<b>AQUA RITUAL</b> 2 hours and 20 minutes			\$330	\$360	
<b>HYDROTHERAPY BATH AND MASSAGE</b> 1 hour and 20 minutes			\$200	\$220	
<b>VICHY WRAP</b> 1 hour and 20 minutes			\$200	\$220	
<b>PURIFYER VICHY</b> 50 minutes			\$138	\$150	
<b>LEG REVIVAL</b> 50 minutes			\$138	\$150	
<b>TREATMENT ADDITIONS</b>					
20 minutes <b>QUINTESSENCE BODY SCRUB, COFFEE AND FRANKINCENSE SCRUB, AROMATIC HYDROTHERAPY BATH</b>			\$68	\$75	

Weekday is Monday to Thursday. Weekend is Friday to Sunday.

NEW LIFE WEEKDAYS WEEKENDS

**NEW LIFE**

**MOTHER-TO-BE** 1 hour and 20 minutes \$200 \$220

**NEW MOTHER** 1 hour and 20 minutes \$200 \$220

**LEG AND FOOT REFRESHER** 50 minutes \$138 \$150

**SPECIALIZED FACIALS**

1 hour and 20 minutes \$200 \$220

**AGE REPAIR, INDULGE,  
BALANCE, RENEW, ACUPRESSURE,  
TIME REVERSAL**

**TO FINISH**

**LUXURY MANICURE** 50 minutes \$58 \$63

**LUXURY PEDICURE** 1 hour and 20 minutes \$87 \$95

**MANDARIN ORIENTAL MANICURE** 40 minutes \$43 \$48

**MANDARIN ORIENTAL PEDICURE** 50 minutes \$63 \$68

**WAXING** Available upon request

HALF DAY PROGRAMS WEEKDAYS WEEKENDS

**HALF DAY PROGRAMS**

**TASTE OF THE ORIENT** 3 hours \$380 \$418

**ENRICH AND RELAX** 4 hours \$415 \$450

**MOTHER'S RENEWAL** 3 hours and 30 minutes \$538 \$590

**PURIFY** 4 hours \$585 \$630

**FULL DAY PROGRAMS**

**BOSTON BREATHER** 6 hours \$610 \$647

**THE RETREAT** 6 hours \$690 \$745

**FITNESS**

**GROUP CLASSES** \$35

**SERIES OF 5 GROUP CLASSES** \$150

**PRIVATE YOGA, PILATES OR  
PERSONAL TRAINING SESSION** 60 minutes \$95

**SERIES OF 5 PRIVATE INSTRUCTION** \$450

For your convenience, an 18% gratuity will be added for each service on your final bill.

Weekday is Monday to Thursday. Weekend is Friday to Sunday.



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# TERMS & CONDITIONS

**SPA ARRIVAL** We recommend that you check in at the Spa reception at least 45 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and provides you with ample time to visit the Spa's thermal experiences, an oasis of heat and water, to truly prepare for your treatment experience.

**GRATUITY** For your convenience, an 18% gratuity will be added for each service on your final bill.

**APPOINTMENT INFORMATION** We offer our busy guests a reliable timetable; therefore arriving late will simply limit the time of your treatment, reducing your full benefit and enjoyment. Your treatment will end on time to prevent inconvenience to the next guest; the full treatment price will apply.

**CANCELLATION POLICY** Please allow 24 hours notice of cancellation to avoid a 100% charge. A credit card number is required at the time of booking in order to guarantee the appointment.

**ADVANCED BOOKINGS** We highly recommend booking your treatment in advance to ensure that your preferred time and treatment is available.

**HEALTH CONDITIONS** Please advise us of any health conditions, allergies, or injuries which could affect your service when making your spa reservations.

**CLEANLINESS** In keeping with our commitment to cleanliness, safety and hygiene, our equipment is sterilized and sanitized after every service and treatment.

**LOSS OR DAMAGE** We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all valuables locked in your locker during your visit or you may have access to a safety deposit box at the front desk of the hotel. For the protection of your clothing, we also ask that you wear the robe provided.

**SPA BOUTIQUE** To continue your Spa regimen at home, Spa products used in the treatments are available in our Spa Boutique. A selection of wellness lifestyle products and accessories are also available.

**SPA CUISINE** If you wish to enjoy fresh juices, smoothies or a light meal during your visit, you are welcome to enjoy something delicious in our intimate Spa Café.

**GUESTS** The Spa welcomes both hotel and outside guests for any of our treatments. All Spa guests are invited to enjoy our thermal experiences and relaxation area. Please note that the use of the Fitness Center is reserved for hotel guests, residents, and Spa guests with half and full day programs.

**SPECIAL ETIQUETTE** Our Spa offers each guest the chance to relax in a tranquil setting. We appreciate you turning off your cellular phone, pager, Blackberry, or other electronic device.

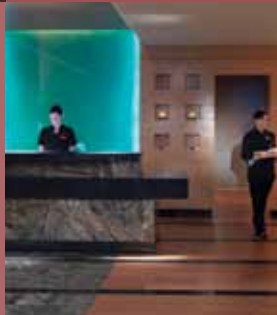
**PREGNANCY** We have specially designed treatments for expectant mothers. Please let the Spa concierge guide you in selecting the suitable treatments taking into consideration your well-being during this special time.

**AGE REQUIREMENTS** The minimum age to access the Spa heat experiences, relaxation areas and Fitness Center is 18 years old. We are delighted to welcome young adults from 16 years old to enjoy treatments of their choice, however they must be accompanied by a responsible adult of at least 18 years in age.



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Unique to Boston, The Spa at Mandarin Oriental, Boston is the perfect urban escape. It is a harmonious place of wellbeing, reaching far beyond the traditional spa experience.

