



For the Love of Water

Duration: Minimum of 3 days
Hours of Treatments per Day: 4 hours

Price: THB 11,000++ per day



Programme Description:

Especially designed for those who have a passion for water and its benefits to the body, mind and spirit, *For the Love of Water* is a set of treatments done in or related to water as well as few treatments on land to balance the time one spends in the water. Submerge yourself in the flowing waters of life, let your body relax in the way only water can provide to the human body and mind. Our specialists will guide you through personalised water treatments and therapies to envelope you in the healing nature of water. In our custom designed Watsu pool, you will connect to your inner rhythms as your body energy comes alive. The exotic and lush surroundings of Mandarin Oriental Dhara Dhevi and the luxurious elements of the Dheva Spa will take you to unimaginable heights as you soak, sweat, steam and swim towards Nirvana.

This programme includes:

- ☞ Minimum of 3 day period
- ☞ 4 hours of treatment per day
- ☞ Personalised health assessment
- ☞ Prescribed therapeutic head and body works by health specialist
- ☞ Back and foot therapies
- ☞ Wellness education
- ☞ Life regimen
- ☞ Daily participation in wellness activities
- ☞ Complimentary use of steam and chromo bath and fitness facilities

Remarks:

The therapies recommended in each programme are subject to change as advised by your health specialist. The purpose is to choose the best possible treatment to suit individual needs.

Terms and Conditions:

- ☞ The meals are not included in this package, but food recommendations are advised.
- ☞ This package includes only the cost of treatments.

*Price is subject to 10% service charge and 7% government tax.

For more information please contact The Dheva Spa and Wellness Centre at mocnx-dhevaspa@mohg.com