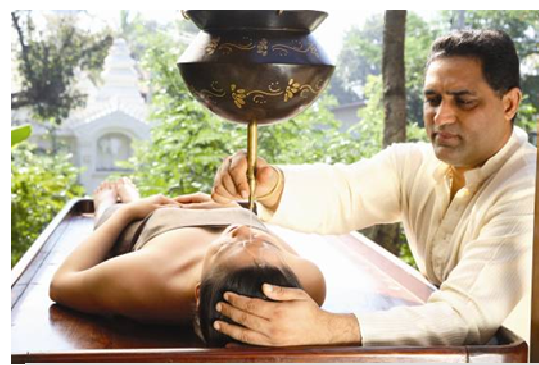
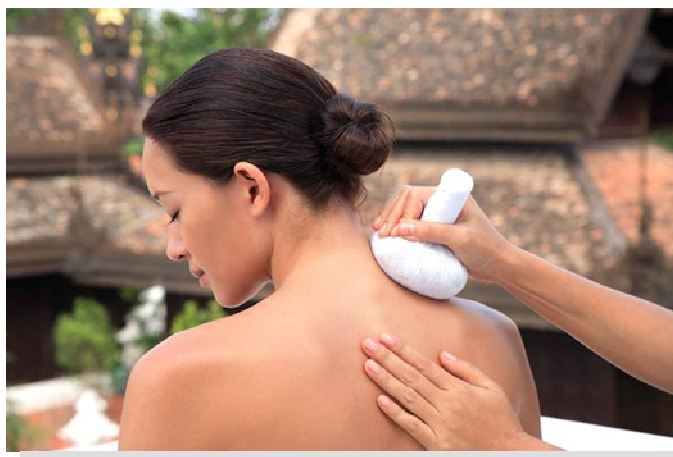


**STRESS RELIEF**



20 December 2009 to 31 October 2010

**Programme Description:** Our health specialists will help you maintain a state of balance and focus; both essential for wise decision making. Anyone dealing with a multitude of tasks, people and emotions each day, will find this extremely beneficial. The focus is on detoxifying and calming therapies. Ayurvedic compresses, oils and persuasive massage techniques will clear muscle blockages and relieve tension. Our recommended life regime and diets will decrease stress. Above all though, the serene surroundings and deep luxury of our resort will leave your mind free to reap the benefits of our programme.

**The nightly package includes:**

- Minimum of 4 nights accommodation
- Round trip airport transfers
- Full board inclusive of personalised health cuisine (at all outlets, except Farang Ses)
- Personalised health assessment
- Prescribed therapeutic head and body works by health specialist
- Back and foot therapies
- Wellness education
- Life regimen
- Daily participation in physical and spiritual activities
- Complimentary use of steam and chromo bath and fitness facilities



Daily rates are based on a minimum of 4 consecutive nights.

Room Type / Daily Rates	From	Single Occupancy per night (THB)	Double Occupancy per night (THB)
Colonial or Spa Suite	4-8 nights	26,900	41,800
	9 nights	25,900	40,800
Deluxe Colonial Suite	4-8 nights	28,000	43,500
	9 nights	27,000	42,500
Deluxe Villa	4-8 nights	30,000	45,500
	9 nights	29,000	44,000
Grand Deluxe Villa with Outdoor Jacuzzi	4-8 nights	33,900	49,000
	9 nights	32,500	47,500
Penthouse	4-8 nights	63,800	79,000
	9 nights	59,800	75,000

**Remarks:**

The therapies recommended in each programme are subject to change, if advised by the specialist. The purpose is to choose the best possible treatment to suit individual needs.

The above rates are quoted in Thai Baht and subject to 18.5% service charge, applicable government tax and provincial tax.

**The Dheva Spa**

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