



Fitness Centre

FITNESS & WELLNESS

SPRING TO LIFE

HKD 5,400

1 March – 31 May

Now is the time to get your wellness journey back on track. Enjoy 10 personal training sessions with the best fitness instructors in town who will create time efficient work outs to achieve your fitness goals, burn fat, build muscle and increase strength. Afterwards relax and unwind in our extensive heat and water facilities including experience showers, ice fountain, vitality pool, dry sauna, tropical rain sauna and Hamam.

Offer is valid for 12 months from date of purchase.



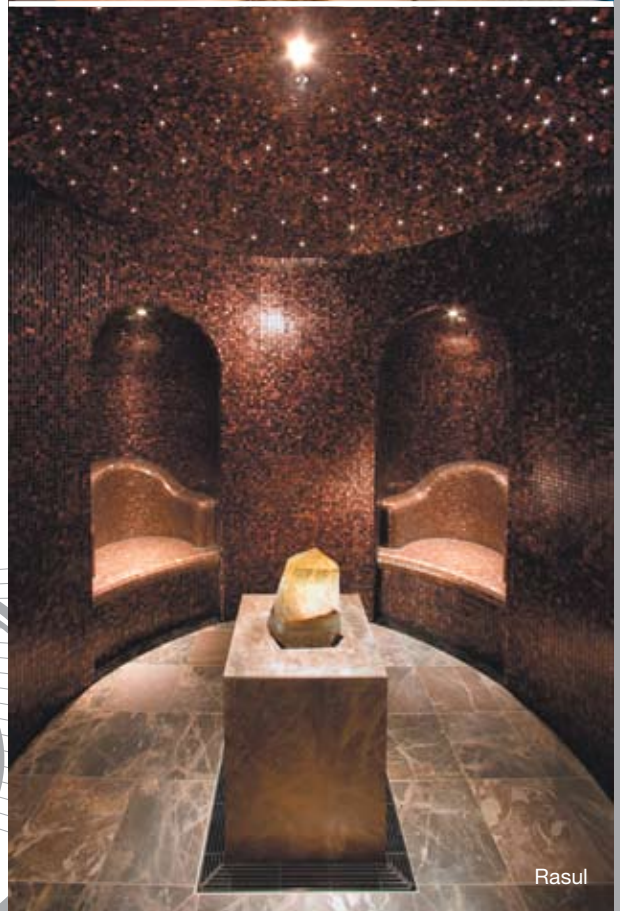
Pool

SPRING TO WELLNESS PACKAGE

HKD 6,500

Purchase a one month gym and pool membership at HKD 6,500 per month. Enjoy the privacy of our state of the art gym and spectacular 18 metre indoor swimming pool, the most centrally located pool in Hong Kong, followed by soothing relaxation in our extensive heat and water facilities.

For more information please call The Oriental Spa on 2132 0011.



Rasul



THE
ORIENTAL SPA
HONG KONG

