



## CONTINENTAL BREAKFAST

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### NATURALLY HEALTHY

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Chilled Fruit Soy Milk Smoothies (two kinds)  
Seasonal Fruits and Berries, Individual Low Fat and Fruit Yogurts  
Grapefruit Segments, Dried Apricots  
Home Made Granola  
Whole Wheat Muffins and Healthy Breakfast Breads  
Low Fat Greek Yogurt Parfait, Fruit Puree, Berries  
2%, Skim Milk and Soy Milk  
Freshly Brewed Illy Coffee, Decaffeinated Coffee, Selection of Herbal and Fruit Teas

### NEW YORKER

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Seasonal Fruits and Berries, Individual Low Fat and Fruit Yogurts  
Caramel Cinnamon Rolls  
Selection of Morning Pastries, Fruit Preserves, Butter  
Selection of New York Bagels, Cream Cheese, Low Fat Cream Cheese, Fruit Preserves  
Freshly Brewed Illy Coffee, Decaffeinated Coffee, Hot Chocolate, Tealeaves Tea Selection

(Add Catskill Farms Smoked Salmon, Red Onion, Sliced Tomato and Capers for an additional charge)



## ASIAN BREAKFAST

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### THE ORIENTAL

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Sliced Seasonal Fruits and Berries  
Rice Porridge, Ginger-Soy Poached Chicken  
Crisp Noodles, Spring Onions, Baby Bok Choy  
Boiled Eggs, Soy Sauce, Ginger

Dim Sum in Traditional Steamed Baskets

**(Please select three of the following)**

Steamed Pork Bun  
Vegetable, Prawn, Pork, Turkey or Beef Dumplings  
Stir Fried Vegetable Lo Mein

Soy Sauce and Sambal Chili Sauce  
Freshly Brewed Illy Coffee, Decaffeinated Coffee and Jasmine Tea

### JAPANESE BREAKFAST

Fresh Orange, Grapefruit, Carrot, Apple Juice  
Sliced Seasonal Melon and Berries  
Seared Salmon, Dashi Poached Egg, Steamed Rice, Nori  
Miso Soup with Tofu and Wakame  
Oshinko Japanese Pickled Vegetables  
Japanese Green Tea



## BREAKFAST BUFFET

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### COLUMBUS CIRCLE

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Seasonal Sliced Fruit and Mixed Berries  
Individual Yogurt, Low Fat or Fruit Yogurts  
Farm Fresh Scrambled Eggs  
Hash Brown Potatoes  
Apple Wood Smoked Bacon and Country Link Sausage  
Selection of Morning Pastries Served with Fruit Preserves and Butter  
Freshly Brewed Illy Coffee, Decaffeinated Coffee, Hot Chocolate, Tealeaves Tea Selection

### MANHATTAN

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Seasonal Whole and Sliced Fruits  
Assorted Fresh Berries  
Individual Yogurts, Low Fat and Fruit Yogurts  
Selection of Morning Pastries, Fruit Preserves, Butter  
Caramel Cinnamon Rolls  
Selection of New York Bagels Served with Cream Cheese and Low Fat Cream Cheese  
Farm Fresh Scrambled Eggs  
Classic Eggs Benedict, Canadian Bacon, Hollandaise Sauce  
Oven Roasted Breakfast Potatoes  
Brioche French Toast Served with Roasted Fruit Compote, Vanilla Cream and Maple Syrup  
Apple Wood Smoked Bacon and Country Link Sausage  
Freshly Brewed Illy Coffee, Decaffeinated Coffee, Hot Chocolate, Tealeaves Tea Selection

### CENTRAL PARK

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice  
Seasonal Sliced Fruit and Mixed Berries  
Mango and Papaya with Lime  
House Made Granola Parfait Served with Low Fat Yogurt and Mixed Berries  
Seasonal Fruit Soy Smoothies  
Assorted European-Style Breakfast Meats and Farmstead Cheeses  
Miniature Rolls, Baguettes and Morning Pastries  
Chef's Choice of Breakfast Frittata  
Catskill Farms Smoked Salmon, Red Onion, Sliced Tomato, Cream Cheese and Capers  
Freshly Brewed Illy Coffee, Decaffeinated Coffee, Hot Chocolate, Tealeaves Tea Selection



## ENHANCEMENTS TO CONTINENTAL BREAKFAST

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(Not available for other breakfast menus)

(Priced per person)

**Steel Cut Irish Oatmeal**, Golden Raisins, Brown Sugar, Cinnamon

**Individual Yogurts**, Plain, Low Fat, Fruit

**Bircher Muesli**, Apple, Skim Milk, Raw Oats, Almonds, Sunflower Seeds

**Assorted Breakfast Cereals and Granola**, Whole, 2% and Skim Milk

**Roasted Tomato Frittata**, Green Asparagus, Goat Cheese

**Assortment of Donuts**

**Buttermilk Biscuit with Egg**, Smoked Ham or Country Maple Sausage,  
Vermont Cheddar Cheese

**Egg, Potato, Cheese and Chorizo Breakfast Burritos**,  
Fresh Tomato and Avocado Salsa

**Catskill Farms Smoked Salmon**, Cream Cheese, Red Onions, Tomatoes,  
Capers and New York Bagels

**New York Lox**, smoked fish , Cream Cheese, Red Onions, Tomato,  
Capers and New York Bagels

**Chilled Fruit Soy Milk Smoothie** (two kinds)



## BREAKFAST STATION

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### FARM FRESH EGG AND OMELET STATION

Chef's Fee

Omelet made to order with Farm Fresh Eggs to include choice of  
Black Forest Ham, Smoked Salmon, Country Style Sausage  
Apple Wood Smoked Bacon, Spicy Chorizo  
Aged Vermont Cheddar, Swiss, Goat, Feta Cheese  
Roasted Bell Peppers, Teardrop Tomatoes, Sautéed Mushrooms, Scallions  
Baby Spinach, Asparagus

### PANCAKE, FRENCH TOAST OR WAFFLE STATION

Chef's Fee

Brioche French Toast, Belgian Waffle or Buttermilk Pancake  
Served with fresh berries, Fruit Coulis, Crème Fraîche  
Whipped Cream, Caramel Pecan Sauce, and Maple Syrup



## PLATED BREAKFAST

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### JUICE

(Please select two of the following)

Fresh Orange, Grapefruit, Carrot, Apple, Vegetable Juice

### FRUIT

(Please select one of the following)

Seasonal Fruit Soup with agave

Fruit Martini Cocktail

Seasonal Fruit Salad with Mixed Berries

Baked Apple Raisin Cobbler

Warm Stone Fruit Compote with Strauss Clabbered Cottage Cheese

Individual Low Fat Yogurt with Berries and Granola

Natural Low Fat Cottage Cheese with Berries and Bananas

Grapefruit Segments, Dried Apricots

Fresh Fruit Compote

Bircher Muesli with Raisins, Apple and Fresh Berries

Fresh Papaya and Melon with Lime

### MAIN ENTRÉE

(Please select one of the following)

#### Farm Fresh Scrambled Eggs

(Egg Beaters, Egg Whites Available Per Request)

**Classic Eggs Benedict**, Country Style Muffins, Canadian Bacon  
Lemon Hollandaise Sauce and Truffle Pesto

**Turkey Hash**, Smoked Turkey Breast, Baby Red Bliss Potatoes, Roasted Bell Peppers  
Poached Eggs and Cilantro Lime Hollandaise



**MAIN ENTRÉE**  
**(Continued)**

**Grilled Filet Steak**, Oven Roasted Tomatoes, Hash Brown Potato  
Sautéed Wild Mushrooms and Scrambled Eggs

**Egg Omelet**

Choice of the following:

Hobb's Cured Ham, Apple Wood Smoked Bacon, Smoked Salmon, Sausage

Aged Vermont Cheddar, Swiss, Goat, Feta Cheese

Roasted Sweet Bell Peppers, Baby Spinach, Tomatoes, Bacon, Seasonal Mushrooms,  
Scallions, Asparagus

**Ranch Style Scrambled Eggs**, Spicy Chorizo, Black Beans, Aged Pepper Jack Cheese,  
Flour Tortilla, served with Breakfast Potatoes, Green Chili Sauce, Tomato and Avocado Salsa

**Oven Baked Breakfast Frittata**, Roasted Tomatoes, Goat Cheese, Herbs, served with Roasted  
Red Potatoes

**Brioche French Toast**, Roasted Fruit Compote, Vanilla Cream and Maple Syrup

**Buttermilk Pancakes**, Pecan Butter, Fresh Berries and Maple Syrup

**Includes the following:**

Morning Pastries, Fruit Preserves, Butter

Freshly Brewed Illy Coffee, Decaffeinated Coffee, Hot Chocolate, Tealeaves Tea Selection