



-- Starters --

Fresh Berries Crème Fraîche | 9

Half Papaya Assorted Berries & Lime | 9

Smoothie made with Seasonal Fresh Fruit and Freshly Squeezed Juice | 6

Old Fashioned Irish Oatmeal with Golden Raisins and Brown Sugar | 9
with Seasonal Berries or Banana | 12

House Made Granola Toasted Almonds, Banana Chips, Served with Fresh Berries | 10

Cereal Selection Fresh Berries or Bananas | 8.5

Bakery Basket Sweet Butter and Fruit Preserves | 9

-- Specialties --

Cornflake Crusted Brioche French Toast Vanilla & Cinnamon Spiced, served with Seasonal Berries | 16

Buttermilk Hotcakes Served one of three ways...Fresh Blueberries or Chocolate Chips | 16 Plain | 14

North Beach Egg White Frittata Fresh Tomatoes, Sweet Basil, Dry Aged Sonoma Jack Cheese, choice of Toast | 16

Mission District Burrito Black Beans, Bacon, Scrambled Eggs, Cheddar Cheese, Salsa Verde | 18

Sambal Chicken Hash Peppers, Onions, Tomato Salsa, topped with Poached Eggs, choice of Toast | 17

Farmers Market Fruit Plate with Seasonal Berries, choice of Cottage Cheese or Low-Fat Yogurt | 15

Eggs Benedict Poached Eggs, Chive Hollandaise, Rösti Potatoes, with choice of Smoked Salmon | 19.5 Canadian Bacon | 18
Steamed Spinach | 17

Three-Egg Sonoma Omelette Wild Mushrooms, Roasted Bell Pepper, Caramelized Onions, Asparagus, Jack Cheese, and
choice of Toast | 16

Atlantic Smoked Salmon Cream Cheese, Minced Red Onion, Tomatoes, Capers, Chopped Egg, Dill, Toasted Bagel | 18

-- Complete Breakfast --

Continental Breakfast Selection from the Bakery or Toast, with Fruit Preserves, Honey, Butter, Freshly Squeezed Juice and
Fresh Brewed Coffee or Tea | 19

American Breakfast Two Eggs any Style, Rösti Potatoes, choice of Canadian Bacon, Virginia Ham, Applewood Smoked Bacon,
Chicken Apple or Pork Sausage, selection of Toast or Bagel, Juice, Brewed Coffee or Tea | 25

Fitness Breakfast House made Granola, Yogurt Parfait, Toasted Whole Wheat Bagel, served with Fresh Fruit Smoothie and
Fresh Brewed Coffee or Tea | 23

-- Sides --

Chicken Apple or Pork Sausage / Applewood Smoked Bacon | 6

Rösti Potatoes | 4

Side Yogurt / Cottage Cheese / Cream Cheese / Peanut Butter | 3

-- Beverages --

Assorted Juices | 6

Fresh Brewed Regular/ Decaffeinated Coffee | 5

Pellegrino / Evian / Voss Bottled Water | 8.5

Espresso / Cappuccino | 5.5

Double Espresso / Double Cappuccino | 6

Mimosa | 11

-- "Tealeaves" Tea Selection --

Per pot | 6

Black Teas - English Breakfast / Vanilla Earl Grey / Cassis /
Thunderbolt Darjeeling / Energy Jetlag A.M.

Oolong Tea - Osmanthus

Green Teas - Organic Lychee Green / Imperial Green /
Sencha Fukuiya Cha

Fruit and Herbal Teas - Nobo Whole Fruit / Harmony /
Mountain Berry

18% Gratuity will be added to parties of 6 or more