



## -- Starters --

**Fresh Berries** Crème Fraîche | 9

**Half Papaya** Assorted Berries & Lime | 9

**Smoothie** made with Seasonal Fresh Fruit and Freshly Squeezed Juice | 6

**Old Fashioned Irish Oatmeal** with Golden Raisins and Brown Sugar | 9

with Seasonal Berries or Banana | 12

**House Made Granola** Toasted Almonds, Banana Chips, Served with Fresh Berries | 10

**Cereal Selection** Fresh Berries or Bananas | 8.5

**Bakery Basket** Sweet Butter and Fruit Preserves | 9

**Assorted Steamed Dim Sum** | 16

## -- Specialties --

**French Toast** Apple-Orange Kaffir Lime Compote | 18

**Buttermilk Hotcakes** Served one of three ways... Fresh Blueberries or Chocolate Chips | 16 Plain | 14

**North Beach Egg White Frittata** Fresh Tomatoes, Forest Mushrooms, Zucchini, Sweet Basil, Grana Padano, choice of Toast | 16

**Eggs Benedict** Poached Eggs, Chive Hollandaise, Country Potatoes, with choice of Smoked Salmon | 19.5 Canadian Bacon | 18

Steamed Spinach | 17

**"Mandarin" Sambal Chicken Hash** Peppers, Onions, Tomato Salsa, topped with Poached Eggs | 17

**Farmers Market Fruit Plate** with Seasonal Berries, choice of Cottage Cheese or Low-Fat Yogurt | 17

**"Make Your Own" Omelet**

Served with Country Potatoes and Toast | 10

Choice of Vegetables: Wild Mushrooms, Bell Pepper, Caramelized Onions, Asparagus, Zucchini | 1 (ea)

Choice of Cheese: American, Cheddar, Jack, or Swiss | 1 (ea)

Choice of Meat: Ham, Bacon, Pork Sausage, Chicken Sausage, Smoked Salmon | 2 (ea)

**Atlantic Smoked Salmon** Cream Cheese, Red Onion, Tomatoes, Capers, Cucumbers, Dill, Toasted Bagel | 18

## -- Complete Breakfast --

**Continental Breakfast** Selection from the Bakery or Toast, with Fruit Preserves, Honey, Butter, Freshly Squeezed Juice and

Freshly Brewed Coffee or Tea | 21

**American Breakfast** Two Eggs any Style, Country Potatoes, choice of Canadian Bacon, Virginia Ham, Applewood Smoked Bacon,

Chicken Apple or Pork Sausage, selection of Toast or Bagel, Juice, Freshly Brewed Coffee or Tea | 26

**Fitness Breakfast** House made Granola Parfait, Toasted Whole Wheat Bagel, served with Fresh Fruit Smoothie and

Freshly Brewed Coffee or Tea | 24

**Japanese Breakfast** Sustainable Steelhead Trout, Braised Chicken and Vegetables, Pickles, Seasonal Greens,

Egg Omelet, Miso Soup, Rice, Served with Freshly Brewed Coffee or Tea | 33

**European Breakfast** Bircher Muesli, California Cheeses, Charcuterie, Croissant, Fresh Berries,

Freshly Brewed Coffee or Tea | 30

## -- Sides --

Chicken Apple or Pork Sausage / Applewood Smoked Bacon | 6

Country Potatoes | 5

Side Yogurt / Cottage Cheese / Cream Cheese | 3

## -- Beverages --

Assorted Juices | 6

Fresh Brewed Regular/ Decaffeinated Coffee | 5

San Pellegrino / Voss Bottled Water | 8.5

Espresso / Cappuccino | 5.5

Double Espresso / Double Cappuccino | 6

Mimosa | 11

## -- "Tealeaves" Tea Selection --

Per pot | 6

**Black Teas** - English Breakfast / Vanilla Earl Grey / Cassis /  
Thunderbolt Darjeeling / Energy Jetlag A.M.

**Oolong Tea** - Osmanthus

**Green Teas** - Organic Lychee Green / Imperial Green /  
Sencha Fukuiya Cha

**Fruit and Herbal Teas** - Nobo Whole Fruit / Harmony /  
Mountain Berry