

## Weekday Treatment

Treatment Menu	Duration in minutes	Price
MANDARIN ORIENTAL SIGNATURE SPA THERAPIES	110	44,000
TIME RITUALS™	110	44,000
TIME RITUALS™	170	66,000
ORIENTAL HARMONY	110	66,000
<b>JOURNEYS</b>		
Azuki Ritual	110	44,000
Rasul Ritual	110	46,000 *
<b>BODY THERAPY</b>		
Swedish	80	32,000
Aromatherapy	80	35,000
Aroma Stone	80	35,000
Thai	110	44,000 *
Kiatsu	110	44,000 *
<b>BODY WRAPS</b>		
Personalised Body Wraps	80	32,000
<b>TREATMENT ADDITIONS</b>		
Quintessence Body Scrub	30	12,000
Oriental Salt Scrub	30	12,000
Azuki Scrub	30	12,000
Oriental Bath	30	12,000
Back and Shoulder Therapy	30	12,000
Leg and Foot Therapy	50	23,000
<b>SPECIALISED FACIALS</b>		
Active Skin Facial - Male	80	35,000
Customised Aromatherapy Facial	80	37,000
Skin Oxygen Miracle Lift	110	49,000
<b>TREATMENT PROGRAMMES</b>		
6 times programme		Purchase 5 treatments and receive one complimentary
12 times programme		Purchase 10 treatments and receive two complimentary

### GIFT CERTIFICATES

Please contact our Spa Concierge for details.

## Weekday Spa Programmes

Programme Menu	Duration in minutes	Price
<b>ART OF BATHING</b>	150	56,000 *
Foot Ritual		
Oriental Salt Scrub		
Oriental Bath		
Swedish Body Therapy		
Seasonal Refreshment		
<b>ART OF ESCAPE</b>	180	66,000
Foot Ritual		
Body Wrap		
Customised Aromatherapy Facial		
<b>ART OF ORIENT</b>	240	74,000 *
Foot Ritual		
Wellness Consultation		
Breathing Exercise		
Chi Enhancing Movement		
Soothing Refreshment		
Customised Treatment		
Meditation		
<b>ART OF WELLBEING</b>	300	88,000 *
Consultation and Body Analysis		
Personalised Workout at Fitness Centre		
Foot Ritual		
Swedish Body Therapy		
Customised Aromatherapy Facial		
Nourishing Refreshment		
<b>SPA SUITE PREMIUM</b>		6,000
<b>HEAT AND WATER EXPERIENCE (Hotel guest only)</b>	60	6,000

## Weekday Wellness Programmes

Wellness Menu	Duration in minutes	Price
<b>Fitness Orientation</b>	10	Complimentary
<b>Fitness Consultation</b>	15	Complimentary
<b>Fitness Evaluation</b>	15	Complimentary

### PERSONALISED WELLNESS

#### AT SPA SUITE

Meditation	50	19,000 *
Tai Chi	60	21,000 *
Yoga	60	21,000 *
Aroma Stretch	60	21,000 *

#### AT FITNESS CENTRE

Personalised Workout	70	16,000
Personalised Stretch	70	16,000
Balance ball Exercise	70	16,000
Wellness Exercise	70	16,000
Pilates	70	16,000

#### WELLNESS SESSIONS

6 Sessions	from 96,000
12 Sessions	from 160,000

#### Wellness Pass

4 Weeks Wellness Pass - Fitness	from 190,000
4 Weeks Wellness Pass - Fitness and Spa	from 280,000

#### Charges

All prices are in Japanese yen inclusive of 5% consumption tax and exclusive of 10% service charge.

Prices with \* indicate spa suite premium included.

Weekday pricing is effective Monday through Friday excluding Public Holidays.

Menu and prices are subject to change without prior notice.

#### Cancellation Policy

Please allow 24 hours notice of cancellation to avoid 100% charge. Cancellations made within 24 hours will be subject to 50% charge. In the event of cancellations made within 12 hours or failure to show, 100% charge will apply. Credit card details are required at the time of booking.

#### Daily Hours of Operation

Spa Treatments: 9am-10pm  
Fitness Centre: 6am-10pm

#### Reservations

We highly recommend booking treatments in advance to ensure that your preferred time and services are available. Telephone: +81 (3) 3270 8300 (9am-10pm)  
Email: motyo-spaconcierge@mohg.com

## Weekend Treatment

Treatment Menu	Duration in minutes	Price
MANDARIN ORIENTAL SIGNATURE SPA THERAPIES	110	46,000
TIME RITUALS™	110	46,000
TIME RITUALS™	170	70,000
ORIENTAL HARMONY	110	70,000
<b>JOURNEYS</b>		
Azuki Ritual	110	46,000
Rasul Ritual	110	48,000 *
<b>BODY THERAPY</b>		
Swedish	80	34,000
Aromatherapy	80	37,000
Aroma Stone	80	37,000
Thai	110	46,000 *
Kiatsu	110	46,000 *
<b>BODY WRAPS</b>		
Personalised Body Wraps	80	34,000
<b>TREATMENT ADDITIONS</b>		
Quintessence Body Scrub	30	14,000
Oriental Salt Scrub	30	14,000
Azuki Scrub	30	14,000
Oriental Bath	30	14,000
Back and Shoulder Therapy	30	14,000
Leg and Foot Therapy	50	25,000
<b>SPECIALISED FACIALS</b>		
Active Skin Facial - Male	80	37,000
Customised Aromatherapy Facial	80	39,000
Skin Oxygen Miracle Lift	110	51,000
<b>TREATMENT PROGRAMMES</b>		
6 times programme		
Purchase 5 treatments and receive one complimentary		
12 times programme		
Purchase 10 treatments and receive two complimentary		
<b>GIFT CERTIFICATES</b>		
Please contact our Spa Concierge for details.		

## Weekend Spa Programmes

Programme Menu	Duration in minutes	Price
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Oriental Salt Scrub		
Oriental Bath		
Swedish Body Therapy		
Seasonal Refreshment		
<b>ART OF ESCAPE</b>	180	70,000
Foot Ritual		
Body Wrap		
Customised Aromatherapy Facial		
<b>ART OF ORIENT</b>	240	79,000 *
Foot Ritual		
Wellness Consultation		
Breathing Exercise		
Chi Enhancing Movement		
Soothing Refreshment		
Customised Treatment		
Meditation		
<b>ART OF WELLBEING</b>	300	92,000 *
Consultation and Body Analysis		
Personalised Workout at Fitness Centre		
Foot Ritual		
Swedish Body Therapy		
Customised Aromatherapy Facial		
Nourishing Refreshment		
<b>SPA SUITE PREMIUM</b>		7,000
<b>HEAT AND WATER EXPERIENCE (Hotel guest only)</b>	60	6,000

## Weekend Wellness Programmes

Wellness Menu	Duration in minutes	Price
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#### AT SPA SUITE

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Tai Chi	60	23,000 *
Yoga	60	23,000 *
Aroma Stretch	60	23,000 *

#### AT FITNESS CENTRE

Personalised Workout	70	18,000
Personalised Stretch	70	18,000
Balance ball Exercise	70	18,000
Wellness Exercise	70	18,000
Pilates	70	18,000

#### WELLNESS SESSIONS

6 Sessions	from 96,000
12 Sessions	from 160,000

#### Wellness Pass

4 Weeks Wellness Pass - Fitness	from 190,000
4 Weeks Wellness Pass - Fitness and Spa	from 280,000

#### Charges

All prices are in Japanese yen inclusive of 5% consumption tax and exclusive of 10% service charge.

Prices with \* indicate spa suite premium included.

Weekend pricing is effective Saturdays and Sundays as well as on Public Holidays.

Menu and prices are subject to change without prior notice.

#### Cancellation Policy

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